

Luna Rosa Salads

Bruschetta Mozzarella Salad 11.95

Toasted Italian bread with chopped roma tomatoes, mixed greens, fresh basil and extra virgin olive oil, topped with our own fresh mozzarella cheese then drizzled with an aged balsamic reduction



Chargrilled Fresh Atlantic Salmon Salad 17.95

Fresh (never frozen) Atlantic salmon chargrilled and served over baby greens, tossed with chopped Hormel Applewood smoked bacon, gorgonzola cheese, red seedless grapes, toasted walnuts and citrus vinaigrette, garnished with honey onion marmalade



Calamari Fritto Misto 11.75

“Center Cut” fried calamari strips, zucchini, fresh spinach and squash in our crispy batter served with your choice of San Marzano tomato sauce or Cajun aioli

Crab Cake Salad 18.95

Pan seared jumbo lump crab cakes served over spinach and radicchio salad, topped with mango pineapple salsa and served with chipotle vinaigrette



Luna Rosa Executive Chef's Salad 13.95

Crispy fresh iceberg lettuce, grape tomatoes, cucumbers & chick peas topped with all natural turkey, ham, roast beef, cheddar and swiss cheeses, hard boiled egg and fresh toasted croutons, served with a side choice of dressing



Walnut Chicken Salad 10

Our homemade pulled white meat chicken salad mixed with diced red onions, served over a bed of mixed greens, spiced honey walnuts, red seedless grapes and tossed in a citrus vinaigrette



Fresh Mahi Mahi Chopped Salad 16.95

Fresh mahi (never frozen) grilled or blackened on a bed of chopped romaine lettuce, radicchio, cucumbers, carrots, red onions, tomatoes and chick peas tossed in a red wine vinaigrette

Fresh Shrimp Salad 11.95

Fresh diced sautéed shrimp chilled and mixed with red onion, bell peppers, celery and our aioli (Italian mayonnaise) dressing served over fresh baby spinach, grape tomato, cucumber and alfalfa sprouts tossed in a citrus aioli vinaigrette



Cobb Salad 13.95

Traditional style with chopped romaine, bleu cheese, bacon, boiled egg, avocado and diced tomato, topped with blackened chicken served with homemade ranch dressing



Chicken Caesar Salad 12.25

Crisp hearts of romaine tossed with shaved Parmigiano Reggiano cheese, homemade Caesar dressing with toasted croutons and fresh grilled chicken breast

Sub Shrimp on Chicken Caesar or Cobb Salad 4

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



If you Missed Breakfast....



French Omelette 8.95

(3) XL all natural "Egglands Best" egg omelette with ham and American cheese - served with choice of a side



Italian Omelette 9.95

(3) XL all natural "Egglands Best" egg omelette with sun dried tomatoes, artichoke hearts and gorgonzola cheese - served with choice of a side



Potatoes, Pepper-n-eggs Sandwich 8

(2) XL all natural "Egglands Best" scrambled eggs mixed with home fried potatoes, sliced fresh bell peppers and extra virgin olive oil, served on a toasted hoagie roll and a choice of a side — an Italian tradition

Pasta

*All Pastas served with a Side Chopped Salad
Bread service upon request*

Rigatoni al Pomodoro e Basilico 9

With side of Meatballs 14

Rigatoni pasta tossed in imported San Marzano tomatoes with garlic, extra virgin olive oil, parmesan cheese and fresh Pontano Farms basil

Linguini con Vongole 17 **Red or White**

Linguine pasta tossed with sautéed baby clams, lightly toasted garlic, white wine and fresh herbs or San Marzano tomato sauce



Pappardelle alla Bolognese 17.95

House-made wide noodle pasta in an imported D.O.P San Marzano tomato meat sauce, slow stewed with ground veal, beef and pork

Lunch Sides

House-made Coleslaw 3

French Fries 3

Fresh Fruit Salad 4

Brown Rice 3



LUNA ROSA SPECIALTY

LUNCH SHARING CHARGE 2



Vegetarian Plates

*All Sandwiches are served with French Fries or Coleslaw
sub Fresh Cut Seasonal Fruit add 50¢*

Vegetarian Pizza 12.50

*Roasted peppers, fresh spinach, zucchini, red onion and asparagus
with our house-made San Marzano tomato sauce
topped with mozzarella cheese*

Make your own Fresh Vegetable Plate

*Sautéed julienne vegetable medley with San Marzano tomatoes, asparagus,
garlic spinach, grilled eggplant, grilled zucchini, fire roasted
peppers, sautéed button mushrooms, marinated fresh cut tomatoes,
fresh house-made humus, sweet potato steak fries,
served with freshly baked bread - Choice of 3 - \$12, 4 - \$15*



Luna Rosa Seven Vegetable Burger 12.50

*A house-made medley of roasted vegetables infused with balsamic reduction, legumes
and special spices, hand patted and grilled, served with lettuce and sliced beef steak tomato*
Served in a cucumber Tortilla Wrap or make your own Iceberg Lettuce Wraps
Add Aged Cheddar Cheese NO Charge

Grilled Vegetable Wrap 12.50

*Fresh mushrooms, asparagus, roasted peppers,
zucchini, fresh avocado and alfalfa sprouts,
served in a cucumber tortilla wrap with pesto aioli*
Without avocado



Weight Watchers® Menu *Points Plus*

Grilled Salmon with Asparagus/Tomato Salsa 17

*Chargrilled fresh salmon with "Bruschetta style" tomato, red onion
and asparagus salad tossed with extra virgin olive oil and fresh squeezed lemon juice*



Mini Canadian Fritata 7.50

*One egg white and one whole egg sautéed in extra virgin olive oil
with Canadian bacon, red potatoes, onion and bell pepper*



Linguini with Tomato, Basil and Olive Sauce 9

*Whole wheat linguini pasta tossed with toasted garlic, extra virgin olive oil,
San Marzano tomatoes and kalamata olives served with
1 tablespoon (measured) grated parmesan on the side*



Chicken Salad Lettuce Wraps 11

*Our homemade pulled white meat chicken salad mixed with diced red onions,
served with sides of alfalfa sprouts and iceberg lettuce
to make your own wraps - **with a side of fruit**
Sides of white raisins and toasted spicy walnuts (no charge)*



Turn the Page for the desserts

Sandwiches, Wraps, Pizzas & Quesadillas

*All Sandwiches are served with French Fries or Coleslaw
sub Fresh Cut Seasonal Fruit add 50¢*

Pizza Margherita 11.50

*100% San Marzano plum tomato sauce, Italian blend of cheeses and fresh basil
Additional Toppings \$ 1.75 each: Red onions, anchovies, Italian sausage, spinach, pepperoni, roasted red peppers, mushrooms, black olives*



California Chicken Sandwich or Wrap 11.95

Grilled marinated breast of chicken served on a toasted brioche roll or sundried tomato wrap with Swiss cheese, avocado, sliced tomato and alfalfa sprouts

Creekstone Farms all Natural (made to order) Hamburger 9.95

Freshly hand packed (hormone & steroid free) Black Angus burger; grilled and served with sliced vine ripe tomatoes, crisp lettuce, sliced red onion and dill pickle spear

Add American or Swiss Cheese \$1

Available (breadless) make your own Iceberg Lettuce Wrap



Blackened Chicken Quesadilla w/Salsa & Sour Cream 9.95

Seasoned and grilled breast of chicken chopped and served with sautéed onions, bell peppers and cheddar cheese in a crispy sun-dried tomato tortilla shell

Add Fresh Avocado \$1.50 - no sides

Kicked up "Fresh Tossed" Tuna Melt-classic Panini 9.50

Tuna salad mixed with chopped onions and served with crispy Hormel Applewood smoked bacon and melted Swiss cheese on press grilled rye bread

Turkey Club Wrap 10.95

Fresh roasted turkey breast, crisp Hormel Applewood smoked bacon, romaine lettuce, sliced vine ripe tomatoes and cranberry mayonnaise wrapped in a sun dried tomato wrap

Grilled Fresh Mahi Mahi Sandwich 16.25

8oz of fresh mahi (never frozen) grilled and served with fresh mixed greens, sliced vine ripe tomatoes and pesto aioli served on a toasted brioche roll



Chicken Salad Wrap 11

Our famous walnut chicken salad wrapped in a sun-dried tomato tortilla with mixed greens

Affetatto Sandwich 11.95

Thinly sliced prosciutto, deli ham, sopressata, imported pepperoni and sharp provolone cheese, topped with fresh tomato, shredded romaine lettuce and red wine vinaigrette on fresh baked hoagie roll served cold or press grilled as a panini

Fresh Shrimp Salad Wrap 12.95

Fresh diced shrimp tossed with red onion, bell peppers, celery and our aioli (Italian mayonnaise) dressing wrapped in a sun-dried tomato tortilla wrap with fresh baby spinach, tomatoes, cucumbers and alfalfa sprouts

Pork Roll Sandwich 9.75

A Philadelphia special with grilled Taylor pork roll, sliced tomato, red onion and white American cheese served on a toasted brioche roll



NATURAL FED, HORMONE & STEROID FREE